

The Westhill Walkers

Walking and Social Programme

Jan to June 2020

Please meet just before the stated time at Westhill Primary School/Library Car Park for all walks unless noted otherwise.

If you wish to join the walk elsewhere please inform the leader in advance.

Date	Walk	Grade Length Ascent Approx. time	Map No. Leader(s)
Sunday 5 th Jan. 09.30	Sands of Forvie A circular walk along the Ythan Estuary, through the dunes of the Forvie Nature Reserve and a clifftop path to Collieston returning via the ruins of Forvie Church. Start/Finish NK003270 Mouth of Ythan	E 9k/5.5m 120m 3hrs	OS 38 Liz Penny 07753 396513/ Elizabeth Greig 07717 313785
Sunday 19 th Jan. 09:00	Cambus o'May and the Muir of Dinnet From Cambus o'May to Burn o'Vat and Loch Kinord before returning to Cambus o'May. Start/Finish NO422976 Car park off A93	E/M 14k/8.5 m 200m 4hrs	OS 37
Sunday 2 nd Feb. 09.30	Barmekin Hill Initially going through the Dunecht Estate this walk takes us up Heather Hill before crossing the B977 and climbing Barmekin Hill with its iron age fort before retuning through Dunecht Estate to the start. Start/Finish NJ754090 Dunecht Estate gates	E/M 12k/7.5 m 200m 4hrs	OS 38 Liz Penny 07753 396513 Elizabeth Greig 07717 313785
Sunday 16 th Feb. 09.00	Cairn William from Pitfichie Forest A pleasant circuit following tracks and mountain biking trails through the forest and over Cairn William. There are good views over the Aberdeenshire countryside. Start/Finish NJ 654131 Pitfichie Forestry Commission car park off B993	M 16k/10m 420m 5hrs	OS 37/38
Saturday 21 st Feb	Buffet Dinner and Ceilidh at Mannofield Cricket Club Tickets: £24. More details later.		
Sunday 1 st Mar. 09.00	A) Hill of Fare A circular walk round the Hill of Fare taking in the Shooting Lodge before heading to Meikle Tap. B) Hill of Fare A shorter loop on the Hill of Fare passing Howe of Corrichie then up Meikle Tap. Start/Finish NJ743038	M 17.5k/11m 700m 5.5hrs E/M 1k/7m 550m 4hrs	OS 38 Heather Wood 07724 564725 OS 38

<p>Sunday 15th Mar. 08.00</p>	<p>Ben Rinnes A return to an old favourite of the club. The walk starts at the distillery and ascends Baby's Hill to the hill fort on Ben Rinnes and then descends by the Scurran of Lochterlandoch and Round Hill. Start NJ259400 Ben Rinnes Distillery Finish NJ284359 car park off B9009 at foot of Round Hill</p>	<p>M 10k/6m 660m 5hrs</p>	<p>OS 28</p>
<p>Saturday 21st Mar 19.30</p>	<p>Quiz Night Bowling Club Pavilion, Denman Park, Westhill Bring your own refreshments, your brains and your friends for this fun night - not to be taken too seriously. Entry £3 pp For further information contact Graham Denyer 01224326143</p>		
<p>Sunday 29th Mar 08.00</p>	<p>Coastal walk from Portsoy to Findochty Today we follow the Moray coastline on beaches, cliff paths and rough tracks from Portsoy through the villages of Sandend, Cullen, Portknockie and finishing in Findochty. Start NJ592665 Finish NJ464682</p>	<p>E/M 14k/9m 500m 5hrs</p>	<p>OS 29</p>
<p>Sunday 12th Apr. 08.00</p>	<p>A) Ben Earb ridge From Spittal of Glenshee the path follows the ridge over Ben Earb and Meall a'Choire Bhuidhe high above Glen Lochsie. B) Glen Lochsie A pleasant walk up Glen Lochsie past Dalmunzie House (now a hotel) and the remains of the railway used to ferry stalkers and ghillies from the house to the now ruined Glenlochsie Lodge at the end of the glen and return. Start/Finish NO110699 Spittal of Glenshee Hotel (ruin!)</p>	<p>M/S 16k/10m 860m 5hrs E/M 10k/6m 320m 3hrs</p>	<p>OS 43 OS 43 Graham Denyer 07729 152965</p>
<p>Sunday 26th Apr 08.00</p>	<p>A) Corriehabbie Hill A visit to the rolling hills at the head of Glen Livet to ascend the Corryhabbie Hill (corbett) and Cook's Cairn. B) The Bochel and Crombie Water This circular walk takes in farmland, moorland and woodland with some wide open views and includes the River Livet Forest Walk and Nature Trail from Allanreid. Start/Finish NJ236248 Allanreid near Tomnavoulin</p>	<p>S 26k/16m 794m 8hrs M 14k/9m 200m 4.5hrs</p>	<p>OS 36/37 Heather Wood 07724 564725 OS 36 Graham Denyer 07729 152965</p>
<p>Fri/Mon 8/10th May</p>	<p>May Holiday Weekend More details later</p>		

<p>Sunday 24th May 08.00</p>	<p>A) Corgarff to Braenaloin A long walk through the glens from Corgarff Castle via Inchrory, Loch Builg, Corndavon Lodge to Braenaloin. Start NJ256089 Corgarff Castle car park Finish NJ280000 Braenaloin on the B976</p> <p>B) Braenaloin A circular walk from Braenaloin via Gairnshiel Lodge and Blairglass. Start/Finish NJ280000 Braenaloin on the B976</p>	<p>M/S 24k/15m 500m 7.5hrs</p> <p>M 12.5k/8m 200m 4.5hrs</p>	<p>OS 37</p> <p>OS 37 Graham Denyer 07729 152965</p>
<p>Sunday 7th June 08.00</p>	<p>A) Loch Lee and Cairn Lick From Invermark we walk along the shores of Loch Lee to the Falls of Damff and over Cairn Lick and Cairn Caidloch to Glen Effock and a return to the start.</p> <p>B) Falls of Damff and Shank of Inchgrundle Initially following the same route as the A walkers but taking the Shank of Inchgrundle back to Loch Lee. Start/Finish NO446803 Invermark car park</p>	<p>M/S 19k/12m 760m 7.5hrs</p> <p>M 16k/10m 600m 5hrs</p>	<p>OS 44</p> <p>OS 44</p>
<p>Sunday 21st Jun. 08.00</p>	<p>A) Lochnagar from Invercauld An ascent of our local munro from the north rather than the usual access from Loch Muick. From Invercauld the path follows the Feindallacher Burn then passes between Carn an t-Sagairt Mor and Beag to Lochnagar before returning to the start via The Prince's Stone.</p> <p>B) Ballochbuie Forest Explore Ballochbuie Forest and its waterfalls from Keiloch. Start/Finish NO 186915 Keiloch car park (charge)</p>	<p>S 20k/12.5 m 1000m 7hrs</p> <p>E/M 16k/10m 200m 5hrs</p>	<p>OS 43/44</p> <p>OS 43/44</p>
<p>Sunday 5th Jul. 07.30 08.00</p>	<p>A) Glen Feshie traverse A traverse from Linn of Dee to Glen Feshie. More details later but transport will be by bus. Start NO063898 Finish NN852975</p> <p>B) Mount Battock from Glen Esk Mount Battock is the most easterly Corbett and is the highest point on a wide area of moors. Excellent track for most of the way. Start/Finish NO540789 Milden Lodge</p>	<p>S 32k/20m 600m 9hrs</p> <p>M 15k/9.5 673m 5hrs</p>	<p>OS 36/43</p> <p>OS 44</p>

Guidance Notes

Gradings

- E** Easy, low level, limited climbing, good tracks, paths or minor roads but occasional mud; normally 5-10 miles.
- M** Moderate terrain, some rough stuff, heather bashing and climbing; boots essential and a reasonable degree of fitness required; normally 8-12 miles.
- S** Strenuous walking often in high mountain country with steep ascents & descents; occasional lower level walks graded "S" because of their length; boots and fitness required; previous experience helpful but not essential; normally 10-15 miles, occasionally longer.

Transport

Normally by private car with sharing encouraged for environmental reasons and to cut parking, fuel and running costs.

Safety

For our own mutual safety and pleasure we have to maintain an unobtrusive level of discipline:

- Please follow the Leader's general advice and directions.
- The Leader will appoint a Back Marker who is responsible for checking numbers in the party and for staying with any stragglers. The Back Marker must be equipped with map, compass, whistle and basic first aid kit. He/she must be aware of the intended route and any possible deviations. If you are dropping back for any reason, inform the Back Marker.
- If a small party wishes to deviate from or extend the route, advise the Leader of your route and agree on where/when you will rendezvous with the main party.
- If the party splits into two groups of different speed/ability there must be a Leader and Back Marker for each group.
- The Leader must control the speed of the party so that members of each group stay in visual touch – this is particularly important in poor visibility.
- Keep to established paths and tracks wherever possible, to reduce erosion. Individual members are also responsible for keeping in visual touch with the rest of the party
- Dogs are at the Leader's discretion. Owners are responsible for keeping them under control at all times, including meal stops. They must be on the lead where necessary.

General

- All participants in outings, whether members, guests or visitors, should note that they take part at their own risk and neither the Club nor the Committee can be held liable for personal accident, injuries or other incidents however caused. Participants accept liability for any damage caused by themselves, their children or their dogs.
- Participants should be properly equipped for the outing – waterproofs, ankle support footwear, extra clothing and sufficient food and drink for the day. For remote outings we also recommend map, compass, whistle, torch, survival bag and emergency rations such as chocolate, glucose sweets, fruit cake, etc.
- Respect other people's property; leave gates as you find them.

Leave nothing behind but your footprints; take nothing away but your rubbish!